



INSIDE SRHS

A NEWSLETTER FROM THE CORPORATE HEALTH STAFF
OF SPARTANBURG REGIONAL HEALTHCARE SYSTEM

WHAT'S INSIDE

September 2019

Get to know our Medical Director

Dr. Pathan joined us in May 2018 and was recently promoted to the role of Medical Director. Read on to learn more about Dr. Pathan.

SRHS Virtual Care: Our telemedicine offering for illness and sickness

Our telemedicine service is available to the general public; and you may promote it to your team members to use at their convenience for only \$49 per virtual visit!

Hearing Conservation Program now available onsite with our mobile unit for less than 40 team members!

Prepping your new hires for their pre-employment physical; consider distributing a letter, and we will help you customize to meet your needs.

Early Intervention Programs

Are your musculoskeletal injuries on the rise; along with decreasing productivity and increasing workers compensation costs. Consider our early intervention programs brought to you onsite!

Walk-ins are welcome for Nurse-Only visits

Includes the following services:

- Drug Screens
- Breath Alcohol Testing
- TB Tests
- Audiometric Testing
- Respirator Fit Testing (we cannot perform a fit test without a current OSHA medical clearance)

Corporate Health Holiday Schedule

Occupational Health Westside and Pelham Offices:

Monday, September 2nd – Closed

Thursday, November 28th – Closed

Friday, November 29th – Closed



INSIDE SRHS

A NEWSLETTER FROM THE CORPORATE HEALTH STAFF
OF SPARTANBURG REGIONAL HEALTHCARE SYSTEM

Getting to know Dr. Pathan, Corporate Health's Medical Director

Dr. Pathan is a board-certified occupational health physician. He joins us after serving most recently as an occupational health physician at Greenville Health System and prior to this served as the Medical Director of Occupational Health at Aurora Health Care's Sheboygan Clinic in Wisconsin. Graduating in 2006 from Medical University of Silesia with his Medical Degree he went on to earn his Master's degree in public health in 2010 from University of Minnesota. He completed his occupational/preventive medicine residency in 2012 at Meharry Medical College in Nashville, TN.

His certifications include American Board of Preventive Medicine in occupational medicine, FMCSA Certified Medical Examiner with the USDOT, and a Class II/III Aviation Medical Examiner through the FAA.

Dr. Pathan enjoys collaborating with customers and presenting educational programs to employers and their teams on employee health and safety.



Please feel free to reach out to Abby, our Corporate Relations Director at 864-560-4033 or arusell@srhs.com to schedule a time to meet Dr. Pathan.



Early Intervention Programs

When associates experience discomfort they typically have two options to address it; file worker's compensation claims or access their private health insurance benefits. Both options are often unattractive. Too often, associates are left exercising a third option; do nothing and hope the discomfort resolves on its own. When it fails to resolve associates become less productive and are at significantly higher risk for more serious injury.

Early intervention programs give associates a fourth option. By consulting with skilled physical therapists, associates have access to simple yet effective solutions to address their discomfort before it becomes more difficult to manage. On-the-job site convenience makes it very easy for associates to take personal responsibility for their health and removes barriers to their accessing the care they need. Our early intervention therapists provide education-based solutions for managing discomfort, provide job coaching on body mechanics and work postures, and ergonomics training as well. The result is healthier, more productive associates with lower risk for workplace injury.



INSIDE SRHS

A NEWSLETTER FROM THE CORPORATE HEALTH STAFF
OF SPARTANBURG REGIONAL HEALTHCARE SYSTEM

Are you preparing your new hires for their physical with Corporate Health?

For maximum efficiency and a more expedient hiring process, please consider distributing a letter to your prospective team members that prepares them for their appointment. We are happy to help you customize such a letter for your organization.

A brief list of critical items to be included in a letter are the following:

- Always bring current photo identification to the appointment.
- Baseline knowledge of current medical condition(s) and medical history.
- Current list of medications with dosages.
- Blood pressure and heart rate are taken as part of all physicals. We will provide recommendations regarding what to avoid and even what should be taken before their appointment.
- Respirator fit testing requires team member to be clean shaven and to have their mask.
- Clothing and shoe attire expectations for functional exam/screenings
- Appointments will be rescheduled if children are brought to an appointment with no other supervision other than the patient.



Registration forms and other documents prospective team members can complete prior to arriving for their appointment are available on our webpage: www.SpartanburgRegional.com/CorporateHealth

Please reach out to our Corporate Relations Director at 864-560-4033 or arussell@srhs.com for help in customizing a letter or creating a pre-employment packet for your new hires.

HEARING CONSERVATION & SMALL BUSINESSES

Corporate Health has additional offerings for small companies with hearing conservation needs!

Our mobile services team is excited to bring new options for smaller companies that can not meet our on-site minimum of 40 tests.

Please contact Ruby Tillotson, Audio Coordinator for more information at 864-560-9665 or rtillotson@srhs.com

NEW CUSTOMER GUIDE

Available on our website in September. Or you may reach out to Abby for a digital copy at arussell@srhs.com



Corporate Health

Corporate Health Customer Guide

Keeping team members safe, healthy and on the job

Spartanburg Office
2600 Redbank Road, Unit 1
Spartanburg, SC 29301
P: 864-560-9600
F: 864-560-9636

Greer Office
150 D Street
Greer, SC 29601
P: 864-879-1348
F: 864-801-4198

SEPTEMBER 2019



INSIDE SRHS

A NEWSLETTER FROM THE CORPORATE HEALTH STAFF
OF SPARTANBURG REGIONAL HEALTHCARE SYSTEM

Visit and share Spartanburg Regional's Discover Health webpage anytime to find health articles and events in the Upstate.

Spartanburg Regional hosts a myriad of events each month throughout the Upstate to support our community. You and your employees are always welcome to attend. Please feel free to promote any and all events that you feel are appropriate.

Grocery Store Tour in Greer on Sept. 30th 7-9 p.m. @ Publix – Thornblade. We offer monthly Grocery Store Tours throughout the Upstate. This is an interactive tour to learn what to look for on a food label, healthy cooking tips & recipes, and advice on navigating any grocery store. Each month is a new location. Call 864-560-4472 to learn the location of our next grocery store tour and register.

We have an on-going **Diabetes Self-Management Education** class. Physician referral is required, and insurance will be filed for program's cost. Call 864-849-9705 to attend a class near you.

Our **Maternity Department** offers **Prepared Childbirth and Prepared Siblings classes for you and your family!** Expecting parents and children between 3 and 12 years of age can all come and learn! You may call 864-560-BABY to attend.

You can find links to our monthly Discover Health flyers on our webpage, to download and distribute to direct your employees to these events and resources! Please visit www.SpartanburgRegional.com/CorporateHealth



Consider using SRHS Virtual Care!

A Virtual Doctor's Visit is ONLY \$49

When would I use SRHS Virtual Care?

- My doctor's office is closed
- I feel too sick to drive
- I have children at home and can't bring them with me
- I'm on business travel and stuck in a hotel room
- I'm on vacation and feeling sick

Getting Started today:

Search your App store or Google Play for "SRHS Virtual Care" or visit SRHVirtualCare.com

- Step 1: Enroll to create your account
- Step 2: Enter your insurance
- Step 3: Select the doctor you'd like to see

