



DigiBelt

Heart Rate Belt

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| (EN) Manual | (HU) Használati utasítás |
| (DE) Handbuch | (PL) Podręcznik |
| (FR) Manuel | (CZ) Uživatelská příručka |
| (NL) Handleiding | (JP) 使用説明書 |
| (ES) Manual | (RU) Руководство пользователя |
| (PT) Manual | (SK) Manuál |
| (IT) Manuale | (NO) Håndbok |

BCP-58

Quick Start Manual (English)

Download the complete manual at www.BBBparts.com

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| (EN) Heart rate belt | (HU) Pulzusszám mérő öv |
| (DE) Brustgurt für Herzfrequenz | (PL) Pasek pulsometru |
| (FR) Ceinture pour capteur cardio | (CZ) Pás na měření srdeční frekvence |
| (NL) Hartslagband | (JP) ハートレートベルト |
| (ES) Correa para pulsómetro | (RU) Ремешок для снятия пульса |
| (PT) Correia de cardiofrequencímetro | (SK) Elastický pás senzor tepla |
| (IT) Elastico per fascia cardio | (NO) Pulsmålerbelte |

HEART RATE SENSOR / BELT

1: The heart rate sensors are integrated in the soft elastic belt. For a correct heart rate measurement, the belt must be positioned slightly below your chest, directly on your skin. Make the two contact areas moist before you start your exercise.

The chest belt needs to be snug to stay in place. Slide the buckles to adjust the length of the belt for a snug but comfortable fit.

Press the ANT+ transmitter to the elastic belt on the two push-button connectors.

Maintenance

Remove the transmitter from the elastic belt after every use and dry the push-buttons connectors on the transmitter. Rinse the soft elastic belt under running water after every use. Wash the elastic belt regularly in a washing machine at 30°C. Use a washing pouch.

Do not spin-dry, iron, dry clean or bleach the elastic belt. Do not use detergent with bleach or fabric softener. Never put the transmitter in the washing machine!

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