



A message from Michelle Wertz & Bob Reiff



The back-to-school season has put a spotlight on the immense adjustments many of us – and our people – are making because of the COVID-19 outbreak.

We understand the toll that school or day care closures, as well as caring for elderly family members, is taking on employees. These effects are compounded by the stress they may already feel in a remote working environment. Understandably, the impact these factors have on retention, productivity and employee mental health is worrisome for employers.

Helping your employees find balance

As leaders, you play a key role in encouraging your employees to prioritize their mental health, and to support you through these challenges, we're sharing resources to help you acknowledge the difficulties they may be experiencing.

You can find all these and more on our [COVID-19 Guidance Hub](#):

- [Article](#): Dr. Glenn Pransky, scientific advisor to Lincoln Financial, shares how to support remote workers caring for others at home
- [Article](#): Krissy Suski, Lincoln marketing director, shares tips for parents who homeschool
- [Guide](#): Preventing and relieving caregiver stress
- [Guide](#): The basics of eldercare planning
- [Guide](#): E-learning resources for working parents
- [Tip Sheet](#): Back-to-school planning in uncertain times

This is also the time to remind your employees about the importance of utilizing the [employee assistance program](#). If you have questions about whether this service applies to you and your employees, please reach out to your Lincoln sales or service contact.



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