HSCI Friendship Kit

Creating a classroom Friendship Kit is a great way to promote the idea of children helping each other. The Friendship Kit is an accessible container that holds all of the necessary items for providing support to a sad or lonely classmate. When children notice a classmate is feeling sad, they can be encouraged to go to the Friendship Kit for ideas to comfort their friend. Teachers may demonstrate how to use the kit at a large or small group time and keep the kit in a visible, easy to access location so children are able to comfort a friend at a moment’s notice! Provide specific examples of when children might use the kit (when a child is sad because he didn’t want his mom to leave, when a child scrapes her knee on the playground, when a child doesn’t have anyone to play with, etc.).

Below are some ideas for items to include in your classroom Friendship Kit:

- A small package of tissues: *to give to a friend to wipe away tears*
- A small stuffed animal: *to give to a friend to cuddle*
- A box of Band-Aids: *to give to a friend with an owie*
- A couple of sheets of stickers: *to put on the shirt of a friend who needs some cheer*
- A pair of silly glasses with moustaches, a funny finger puppet, or other funny prop: *to give a sad friend a smile*
- A set of sticky notes and a pencil or crayons: *to write a friend in need a happy note for her cubby, table place, etc.*
- Blank, cheerful greeting cards: *to write and deliver to a friend*
  - A visual reminder for the following actions
  - Ask a friend if he wants a hug
  - Ask a friend if he wants a high five
  - Ask a friend if she is OK
  - Ask a friend if he wants me to get a teacher for help
  - Ask a friend if she wants to play with me
Friendship

Friendship Kit

Are you OK?

Do you want a high five?

Do you want a hug?
Friendship

Feel Better Soon!

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