Head Start
center for
inclusion

Tip for Educators
Activity Matrix for
Infants and Toddlers

Using an Activity Matrix

How does an Activity Matrix maximize and organize learning time?

- Lists daily activities, routines, and transitions.
- Lists children who need additional support and additional learning opportunities.
- Provides a visual aid for teaching and learning priorities.

How do I make and use an Activity Matrix?

- Gather or organize the child's individual learning objectives.
- Identify the general schedule of the day, including activities, routines, and transitions.
- Select daily activities, routines, and transitions that are optimal for supporting the child's individualized learning objectives, the family, and the group setting.
- Incorporate individual learning objectives within daily activities, routines, and transitions.
  - Make the best match but be realistic when considering your time and resources.
  - Distribute learning opportunities throughout the day.
  - Provide plenty of practice for each learning objective.
- Build upon the natural strategies used by the educators, support specialists, and caregivers on the child's team.
- Use the Activity Matrix consistently.
  - Make it visible; use it as a reminder.
  - Before the home visit or class session, review the matrix; include the team.
  - After the home visit or class session, review the matrix; include the team.
  - Monitor the child's progress toward the goals in the Activity Matrix.
  - Adjust or change the matrix as needed.
  - Use a matrix format that works well for you and your team.