Head Start center for inclusion



Using an Activity Matrix

How does an Activity Matrix maximize and organize learning time?

- Lists daily activities, routines, and transitions.
- Lists children who need additional support and additional learning opportunities.
- Provides a visual aid for teaching and learning priorities.

How do I make and use an Activity Matrix?

- Gather or organize the child's individual learning objectives.
- Identify the general schedule of the day, including activities, routines, and transitions.
- Select daily activities, routines, and transitions that are optimal for supporting the child's individualized learning objectives, the family, and the group setting.
- Incorporate individual learning objectives within daily activities, routines, and transitions.
 - [•] Make the best match but be realistic when considering your time and resources.
 - Distribute learning opportunities throughout the day.
 - Provide plenty of practice for each learning objective.
- Build upon the natural strategies used by the educators, support specialists, and caregivers on the child's team.
- Use the Activity Matrix consistently.
 - Make it visible; use it as a reminder.
 - [•] Before the home visit or class session, review the matrix; include the team.
 - After the home visit or class session, review the matrix; include the team.
 - Monitor the child's progress toward the goals in the Activity Matrix.
 - Adjust or change the matrix as needed.
 - [•] Use a matrix format that works well for you and your team.

HEAD START CENTER FOR INCLUSION FUNDED BY THE OFFICE OF HEAD START DEPARTMENT OF HEALTH AND HUMAN SERVICES

This document was developed with funds from Grant #90HC0012 for the U.S. Department of Health and Human Services, Administration for Children and Families, Office of Head Start, and the Office of Child Care by the National Center for Early Childhood Development, Teaching, and Learning. This resource may be duplicated for noncommercial uses without permission.